

INVITATION



6th ATLANTIC BIATHLON SUMMER CAMP 2010 6^e CAMP D'ÉTÉ DE BIATHLON DES PROVINCES ATLANTIQUES 2010

GENERAL

The 6th Atlantic Training Camp will be held in Miramichi, NB during 27 - 29 August 2010. All NB, NL, NS and PE, and Cross Country NB members are invited to participate. Eligible ages for participation at the camp are 13 to 30 but older athletes may take part as long as they accept the camp is designed for the 13 to 30 age group. The camp objective is to help the athletes become more specific with their training at this time of the year.

CAMP DETAILS

- Dates:** Friday evening, Saturday and Sunday, 27 – 29 August (ends 13:00 Sunday).
- Location:** Newcastle Armories and different sites in Miramichi.
- Registration Fee:** \$65 - covers Saturday supper, accommodation in Armories, coaching support and river tour (please note that the river tour is a team building event and is mandatory).
- Membership** Each candidate must be or must become a member of Biathlon Canada and Biathlon NB, or their own division, for the season 2010/2011 at the cost as stipulated by their division.
- Coaches** Line Beattie (Camp Director), Mike Lushington, Philip Nadeau, Herman Koops, and others as assigned.
- Arrival & Registration** Newcastle Armories, 19:00, 27 August 2010
- Equipment** Participants need to bring the following: sleeping bag and pillow, clothing for indoor and outdoor training (including inclement weather), rifles as available (no ammunition required), arm cuff, gloves, roller skis, ski boots, poles for roller ski with carbide steel tips, walking ski poles, safety helmet, road safety vest or reflectors, running shoes, towel and toiletries, training diary, note book and pencil.

ACCOMMODATION, TRANSPORTATION AND MEALS

All participants are responsible for their own travel, accommodations and meals (except Saturday's supper) as arranged by their club or division. There will be a kitchen available at the Armories with fridge and stove, and dishes. However, accommodation will be provided gratis in the Newcastle Armories for all participants and the evening meal for Saturday will be sponsored by Biathlon NB.

REGISTRATION AND CONTACT INFORMATION

All participants must be registered by notice given by phone or e-mail by the division, club or individual not later than **20 August 2010** to **Line Beattie** beattie@nbnet.nb.ca or **(506) 684-5789**. For additional information, please contact Line Beattie or Ray Kokkonen at 506-627-6437.

LIABILITY WAIVER FORM

The enclosed waiver form will be required upon arrival and must be signed by the athlete and a parent. If anyone has any allergies, please specify ahead of time, and also indicate it on your consent form.