



SECOND ANNUAL ATLANTIC TRAINING CAMP

OFFICIAL INVITATION

The 2nd annual Atlantic biathlon training camp, hosted by Biathlon NB and sponsored by Atlantic Region Cadets and the NB/PEI Cadet Detachment, will be held at Camp Argonaut, NB for the four Atlantic provinces during 25 – 27 August 2006. All interested biathletes and coaches of NL, NS, PE and NB – who are sanctioned by their provincial biathlon organizations – are invited to attend. In order to be eligible, anyone wishing to participate in the camp must be or must become a member of Biathlon Canada through their provincial biathlon organization.

Training: Fitness Evaluation, Roller Skiing, Shooting (air-rifle), Mental Training, Planning

Accommodation and Meals: All provided at Camp Argonaut

Transport to and from the Camp: Provincial responsibility

Camp Fee: \$30 for each athlete

Itinerary:

Friday, 25 August	Saturday, 26 August	Sunday, 27 August
1900 – Arrival, Briefing .	0800 – 1200: Training 1200 – 1300: Lunch 1300 – 1700: Training 1800 Banquet 2000 Training	0800 – 1200: Training 1200 – 1300: Lunch 1300: Debriefing, Cleanup 1430 Departures

Camp Director: Mike Lushington, Biathlon NB Head Coach

Camp Coordinator: Adam Gale, Biathlon NL VP Training and Competition

To take part, please contact your provincial biathlon organization as follows:

NL: Adam Gale: training@biathlonnl.ca

NS: Murray Wylie: tel (902) 462-5084, mjwylie@ns.sympatico.ca

PE: Bob Bentley: tel (902) 964-3294, rbentle@isn.net

NB: Regional Coaches please inform Nathan Den Hollander: tel (506) 3576462
denhollander.ja@forces.gc.ca with cc to Biathlon NB (Ray Kokkonen) biathlon@biathlonnb.ca

The visiting divisions are requested to advise Nathan DenHollander of participation numbers, coaches and athletes, as soon as possible, with cc to Biathlon NB.

The camp instruction, with specifics and a detailed timetable, will be issued by 15 August 2006.

See you there!

Tel: (506)627-0217; Cell: (506)627-6437; Fax: (506)622-6162
e-mail: biathlon@biathlonnb.ca website: www.biathlonnb.ca