

North American and Canadian Biathlon Championships, Myriam Bédard
Center at CFB Valcartier, Québec from March 23-26, 2006

L'ASSOCIATION DES CLUBS DE BIATHLON DU QUEBEC



Invitation

North American and Canadian Biathlon Championships
2006

March 23-26, 2006
Myriam Bédard Biathlon Center
CFB Valcartier, Québec



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Dear Biathlon Friends,

L'Association des clubs biathlon du Québec (ACBQ) is pleased to invite you to participate in the 2006 North American and Canadian Biathlon Championships at the Myriam Bédard Center at CFB Valcartier, Québec from March 23-26, 2006. The events will be run concurrently on Thursday, Saturday and Sunday.

The Quebec Divisions objectives are to organize events for the strongest athletes from across Canada and the United States of America and to ensure that when these athletes return home, they will do so with the conviction of having participated in a well organized and fair championship with fond memories of their time spent in Quebec. In order to do so, the organizing committee has set up an Athlete's Village. The Athletes Village will not only house the athletes, it will also hold the administrative offices for the duration of the events.

All participants are asked to participate in the opening ceremony that will be held after the team captain's meeting on Wednesday March 22, 2006, around 7:30 pm located in the Athlete's Village. After the ceremony there will be a meet and greet with music and light refreshments for all.

You are also invited to the Saturday evening banquet. The event registration fees include a complimentary ticket to the banquet where you will receive a great meal and unique entertainment.

We look forward to seeing you in Quebec City

Sincerely,

The Organizing and Competition Committees

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EVENT ORGANIZATION

Organizing Committee

Chairman	Bruno St-Onge	IR
Chief of Competition	Normand Gonthier	IR
Chief of Support	Érika Charron	IR
V-P Marketing and Sponsorship	Daniel Bourdage	Advanced
Treasurer	Guy Poulin	Advanced
Deputy Chief	Serge Donaldson	IR
Competition Secretary	Jennifer Lafrenière	TD
Chief of Course	Donald Villeneuve	TD
Chief of Stadium	Michel Bisson	Advanced
Chief of Range	Pascal Morcet	IR
Chief of Start/Finish	Daniel Harvey	IR
Volunteer Coordinator	Luc Désilet	Advanced
Chief of Results	Jean-Pierre Turcotte	IR

Technical Delegate IBU

Technical Delegate Carol Henley

National Referees IBU

International Referee (USA)	TBD
International Referee	Ray Kokkonen
International Referee	Graham Lindsay

RULES:

The event will be held in accordance with :

- IBU Event and Competition Rules;
- Biathlon Canada Canadian Championships Hosting Policy, dated June 2005;
- Biathlon North American Cup and North American Championship hosting policy dated June 2005
- Biathlon Canada Range Procedures for Competitors not carrying rifles, dated June 2005.

ADMISSIBILITY

In accordance with Biathlon Canada's Admissibility Rules, all members shall possess a valid competitor card and they must be inscribed by their division. The competitors must

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present their valid card upon registration of the competition in order to participate in the events.

CLASSES AND TYPES OF EVENTS:

CLASSES

Awards

North American Medals are presented no matter what the numbers are in the class

For Canadians there must be four to make a competition and award medals.

Providing there are at least four competitors in a class, the competition class will be run.

The first three finishers in all classes of competitions will receive awards.

Awards Ceremony

The presentation of the medals will be given on the following dates:

Individual	Thursday March 23, 2006 at 6:00 p.m. at Campus NDF
Sprint	Saturday evening, March 25, 2006 at 7:00 pm at the banquet
Pursuit	Sunday after the event, March 26, 2006 at 3:00 pm at MBC

PRIZES

IBU Individual

Gold	100.00\$ CDN
Silver	75.00\$ CDN
Bronze	50.00\$ CDN

Cumulated champion of the three events

Men-Women	500.00\$ CDN
Junior Men-Junior Women	300.00\$ CDN
Youth Men-Youth Women	200.00\$ CDN

NORAM Champion

Men-Women	500.00\$ CDN
Junior Men-Junior Women	300.00\$ CDN
Youth Men-Youth Women	200.00\$ CDN

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Other Classes

Senior Boys and Girls

Gold	100.00\$ CDN
Silver	75.00\$ CDN
Bronze	50.00\$ CDN
Cumulated champion of the three events	200.00\$ CDN

TYPES OF EVENTS

Class	Age	Individual	Sprint	Pursuit
Men	21 +	20 km PSPS	10 km PS	12.5 km PPSS
Women		15 km PSPS	7.5 km PS	10 km PPSS
Junior Men	20 & under	15 km PSPS	10 km PS	12.5 km PPSS
Junior Women		12.5 km PSPS	7.5 km PS	10 km PPSS
Youth Men	18 & under	12.5 km PSPS	7.5 km PS	10 km PPSS
Youth Women		10 km PSPS	6 km PS	7.5 km PPSS
Senior Boys	16 & under	7.5 km PSPS	6 km PS	7.5 km PPSS
Senior Girls		7.5 km PSPS	6 km PS	7.5 km PPSS

START TIME

10:00 a.m.	Zeroing for all classes
11:00 a.m.	Competition for all classes (men, women, junior men, junior women, youth men, youth women, senior boys, senior girls)

PROGRAM

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Weekly Program

NDFC : Notre-Dame de Foy Campus

MBC : Myriam Bédard Center

Please note : A detailed schedule will be available upon registration.

COMPETITION

All events will be held at the Myriam Bédard Center. We have enclosed a trail map. The trails will be selected based on environmental feasibility i.e. sufficient snow. The exact outline of the courses will be distributed during official training and at the team captain's meeting.

Date	Time	Description
Monday, March 20, 2006	0600 - 2400 hrs 1000 - 1500 hrs	Arrival of the Delegations - NDFC Official Training - MBC
Tuesday, March 21, 2006	0600 – 2400 hrs 1000 – 1500 hrs 1900 hrs	Arrival of the Delegations - NDFC Official Training - MBC Team Captains Meeting - NDFC
Wednesday, March 22, 2006	1000 – 1500 hrs 1630 hrs 1930 hrs	Official Training - MBC Team Captains Meeting - NDFC Opening Ceremony
Thursday, March 23, 2006	1000 - 1050hrs 1100 hrs	Zeroing - MBC Individual - MBC Medal Ceremony - NDFC
Friday, March 24, 2006	1000 – 1500 hrs 1630 hrs	Official Training - MBC Team Captains Meeting - NDFC
Saturday, March 25, 2006	1000 – 1050 hrs 1100 hrs 1630 hrs 1830 hrs	Zeroing - MBC Sprint - MBC Team Captains Meeting - NDFC Banquet - NDFC
Sunday, March 26, 2006	1000 – 1050 hrs 1100 hrs 1330 hrs	Zeroing - MBC Pursuit with an individual start after a draw - NDFC Medal Ceremony - MBC

REGISTRATION

- **Team Registrations** are due no later than 4:00 pm (EST), Monday, February 20, 2006.
- **Registrations by Name** for team individuals and other competitors are due no later than 4:00 pm (EST), Monday, March 6, 2006.

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- Registration of all competitors must be in accordance with the IBU Rules. Registration may be made by email, mail or fax to:
 - email : jenn_mail2003@yahoo.ca
 - fax : 450-358-7022 (attention de : Normand Gonthier)
 - mail: Association des Clubs Biathlon du Québec (ACBQ), 5^e GSS Garnison Valcartier, Centre Myriam Bédard bâtisse 693, Succursale Forces, Courcelette, CP 1000, Qc, G0A 4N0

Entry Fees

Activity	Category
Banquet	25.00\$ CDN
Three Competitions	100.00\$ CDN
Two Competitions	60.00\$ CDN
One Competition	35.00\$ CDN

Registration Forms

- Copies of the registration forms by team and individual are enclosed.
- The Division is responsible for registrations who were confirmed on the registration form and who did not compete. In such a case, a bill would be sent to the Division that represents the athlete. No refunds will be made.
- A Biathlon Canada membership is required for all Canadian competitors and coaches. Canadian competitors must be registered with the Division for which they are competing. A national membership is required for all international athletes.

Food and Lodging

The Athlete's Village is located on the Campus Notre-Dame-de-Foy in close proximity to the Saint-Lawrence River at 5000 rue Clément-Lockquell, Saint Augustin-de Desmaures. The site is easy to access from the airport (10KM), at 30KM from Myriam Bédard Biathlon Center and closed to Quebec City Center (15KM).

The food and lodging package includes: rooms (1 person per room), meals (breakfast, lunch and dinner), laundry facilities, TV room, bar, gym, indoor pool, and internet access. The cost for the whole package is 52\$ per day per person. There will also be suites available at a cost of 70.00\$ per day. For now one suite is reserved per province. If space permits, parents and athletes may make additional reservations.

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Waxing Rooms

Waxing rooms will be allocated based on the number of competitors per team. Keys may be picked-up during normal business hours from March 20-22, 2006 at the competition office with a 10.00\$ deposit. All keys will be returned to the competition office before 4:00 pm on Sunday, March 26, 2006. No additional fee will be required for the use of the waxing rooms.

Vehicle Rentals

The organization will coordinate all rental of vehicles to assure that we receive the lowest cost. Please, let us know your vehicle needs and arrangements will be done here for you. It is equally important that you have the names of your drivers and a copy of their license so as to expedite the rental process. Our responsibility is to accommodate you but you will be responsible of the vehicle.

Team Mailboxes

The team mailboxes will be situated at the Athletes Village. Team captains will be responsible to regularly check their mailbox, as all written information from the organizing committee will be distributed there.

Organization Committees Address

Association des clubs biathlon du Québec (ACBQ)

5e GSS Garison Valcartier
Centre Myriam Bédard bâtisse 693
Succursale Forces
Courcelette, CP 1000, Qc, G0A 4N0

Information: Normand Gonthier gonthier.jrn@forces.gc.ca
Office: 1-800-817-2761 poste 7031
Cell: 418-670-6746

Registration: Jennifer Lafrenière 514-483-1391 jenn_mail2003@yahoo.ca

Additional information::
Bruno St-Onge 418-955-7742 bstonge@oricom.ca

Web : www.acbq.qc.ca

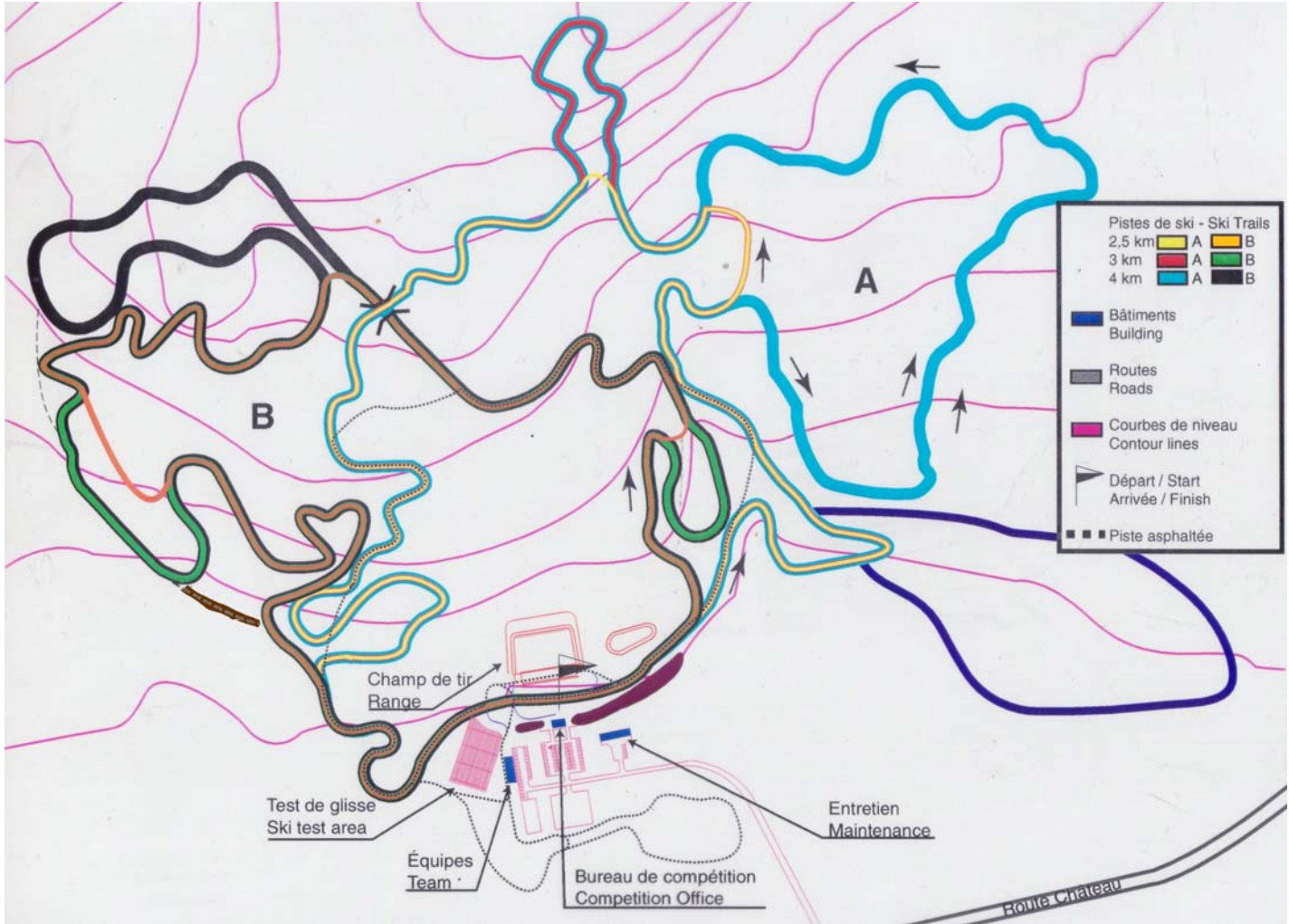
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Enclosures :

Team Registration Form
Individual Registration Form
Trail Map
Athletes Village Outline

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Trail Map

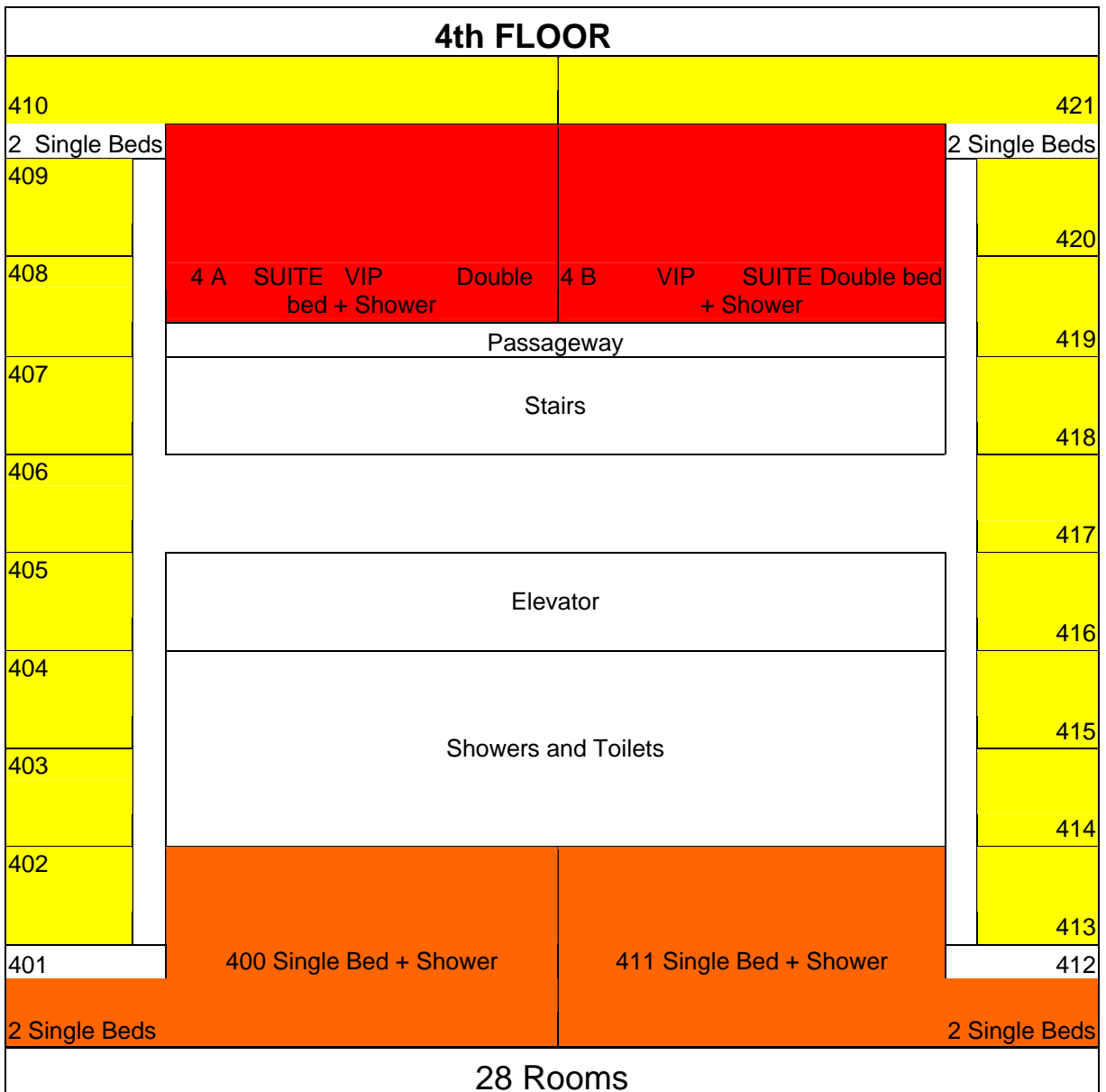


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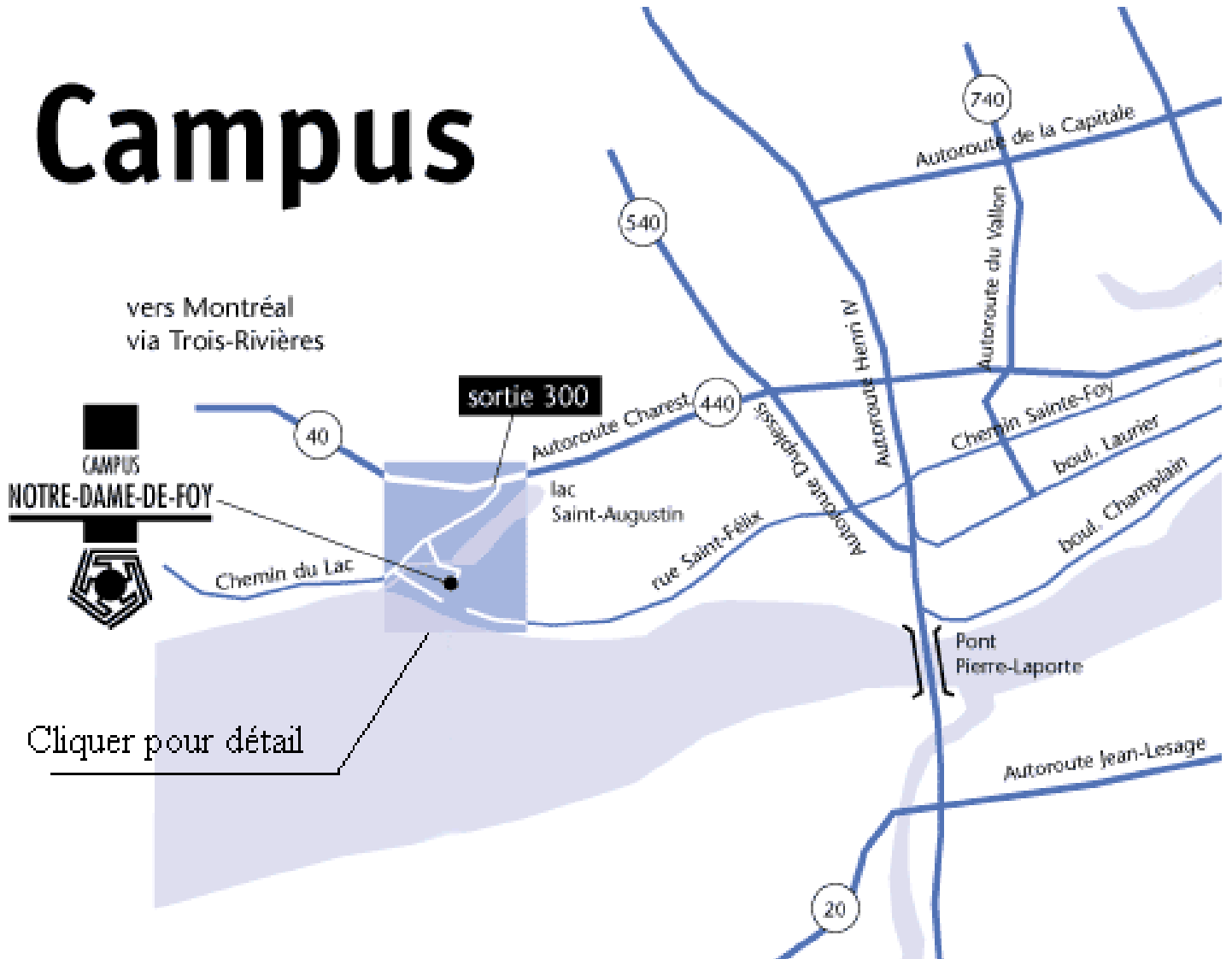
Athletes Village Information

This is an example of a floor plan of the Athlete's Village. Most rooms are for one person but there are a few double rooms. The colour coding represents our suggestion for the most appropriate allocation of the rooms:

- Yellow athletes
- Orange staff
- Red VIP



Campus



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