

**Information for Participants of the
Biathlon Canada In-Person Entry Level Course
Hosted by Nordic Sports PEI
Charlottetown PEI – 17 Sep 2022**

Welcome to the first in-person Entry level Course of 2022 to be conducted on PEI. This course will be conducted at the Sport PEI House of Sport 40 Enman Crescent on Saturday 17 Sep 2022 and is linked to the conduct of a Biathlon Canada Official's Instructors Courses being taught on 16/17 Sep to increase the number of instructors for the conduct of future officials courses in Atlantic Canada.

The Officials Training on the weekend will be led by Pam Tracz from Nova Scotia who will be the lead for the Instructor level training and I will be the Entry Level Course facilitator and a student instructor for this training. During the Entry level sessions you will have the privilege of being instructed by the other students on the officials instructor course as well and thus exposed to a wide variety of skills and knowledge from across the region.

Should any of you who have volunteered for this training have any difficulties with schedule, or if there is a need to simply ask a biathlon question about officiated on the Island for the Canada Games or in the future, please reach out to Holly Burnley the Nordic Sports PEI Official's Coordinator holly.burnley@nordicsportspei.com or myself at hale.sg3@gmail.com or 902-956-4941.

The course will take about 6 hours to complete in this class room setting but to be a real official what is most critical is volunteering at events and gaining experience in all the different areas of officiating. Volunteering allows you to moving from having a basic knowledge to being a skilled official.

For this training session we will generally follow the schedule below. Please ensure you are available for the full period from 0900 – 1700 just in case we do run a bit overtime.

To facilitate the it is requested that all participants arrive no later than 0855 (the Building will be open by then). We will conduct all the required training for the course in room 234 at the house of sport. As can be seen in the schedule we will take several breaks including a lunch break so that we break up the training and are not locked into chairs for a full 6 hours. Bring snacks and a lunch. Some snacks will be provided.

Prior to attending the training I would ask that everyone review the [Introduction to Competition for Program Volunteers](#) document prepared by Biathlon Canada.

Throughout the course we will also use a number of videos to highlight aspects of officiating since we are still in the no-snow period.

Course Schedule

Entry Level Official Training Outline – Saturday 17 Sep 22		
Training Objective	Time	~Duration (mins)
Arrival of Participants and Set up	0845 - 0900	15
Introduction - Instructor and Student Ice Breaker	0900 - 0920	20
Module 1 - Intro to Biathlon	0920 - 0945	25
Module 2 – Officials Overview	0945 - 1000	15
Health and Wellness Break	1000 - 1015	15
Module 3 - Classes and Competition Formats	1015 - 1055	40
Module 4 - The Roles of Entry Level Officials	1055 - 1100	5
4.1 - Material Control / Start Procedures	1100 - 1115	15
4.2 - Course	1115 - 1135	20
Lunch Break (Bag lunches or purchase in local area as required)	1135 - 1230	55
4.3 – Stadium/Start	1230 - 1320	50
Health and Wellness Break	1320 - 1330	10
4.4 - Range	1330 - 1410	40
4.5 - Penalty Loop	1410 - 1430	20
Health and Wellness Break	1430 - 1440	10
4.6 - Finish / Timing	1440 - 1500	20
Wrap Up/Critique	1500 - 1520	20

Biathlon officiating operates withing a hierarchical structure and results come with the need for significant data collection. The following link [forms/documents](#) will take you to a file which contains an example of the official's program structure and key forms used by officials during competitions. You will see these forms throughout the training session.

We look forward to being able to present the Entry Level Official's course on 17 Sep 2022 and if you have any questions before the session, please feel to reach out to Holly Burnley who is acting as the course coordinator.

Stephen Hale
Official's Training Instructor

Other Resources Available on-line

Governance Links

International Biathlon Union

www.biathlonworld.com

[Event and Competition Rules](#)

[IBU Organizer's Guidelines \(download\)](#)

Biathlon Canada

www.biathloncanada.ca

Hosting Policies:

[61f91bb2d903592ef7c09323_canadian-hosting-policy_jan-2020_v3-1.pdf \(webflow.com\)](#)

Nordiq Canada

[Home 2021 - Nordiq Canada](#)

[Cross Country Officials Training Programs](#)

Safe Sport Training

[Participants Training | Safesport \(coach.ca\)](#)

Misc Biathlon Videos

1. Biathlon overview (Dreissigacker, 3:17): <https://www.youtube.com/watch?v=E2KbslLkuQ>
2. What is Biathlon? Biathlon Canada promo (Biathlon Canada, 2017, 2:32):
<https://www.youtube.com/watch?v=i7CzTIUxdxs>
3. Competition: Hochfilzen World Cup 3 Women Pursuit Highlights (IBU TV, 2020, 3:28):
<https://www.youtube.com/watch?v=4ETmPoitdy8>
4. Event: Antholz 2020: Week 1 Highlights (IBU TV, 2020, 5:03):
<https://www.youtube.com/watch?v=zEuB0GII7T8>
5. How ski warfare created biathlon (Vox, 2018, 3:38):
<https://www.youtube.com/watch?v=14NTIDvmzyc>
6. Individual Start & Transponder attaching: Women 15km Individual Competition. 2020/2021 WORLD CUP BIATHLON (BiathlonWorld, 2021, 0:17 to 1:26):
<https://www.youtube.com/watch?v=PfQrsRrTfdU&list=PLkI0OGXsBMxUaFtgpQVLJkFwcXhdd4dX&index=6>
7. Simultaneous Start: Men 15km Mass Start Competition. 2020/2021 WORLD CUP BIATHLON (BiathlonWorld, 2021, 1:20 to 1:56):
https://www.youtube.com/watch?app=desktop&v=XHLM9dwY_QU&list=PLkI0OGXsBMxUaFtgpQVLJkFwcXhdd4dX&index=5
8. Pursuit Start: Women's Biathlon - 10Km Pursuit - Vancouver 2010 Winter Olympic Games (olympicvancouver2010, 2010, 0:20 to 0:31):
https://www.youtube.com/watch?v=0PY3DD_W58
9. Relay handover area: Östersund Women's Relay | 2019–20 Biathlon World Cup (Biathlon24, 2019, 22:41 to 23:01): <https://www.youtube.com/watch?v=9J2KrDWiO-M>
10. Biathlon: The Penalty Loop (CBC, 2016): <https://www.cbc.ca/player/play/2682642857>
11. Target overview: The Magic Behind the Targets (IBU TV, 2015):
<https://www.youtube.com/watch?v=yCShk1k9Bvg>
12. Crossfire: Magdalena NEUNER Crossfire Shooting (pekanicola, 2012):
<https://www.youtube.com/watch?v=5JYXuIPOvDM>
13. Biathlon Rule -Shooting (SportsRock, 2019): <https://www.youtube.com/watch?v=TBt2coAmbcs>
14. Biathlon Rule -skiing on the course (SportsRock, 2019):
<https://www.youtube.com/watch?v=jZWXAZf--hk&feature=youtu.be>
15. National competition in PyeongChang (SportsRock, 2017): https://youtu.be/K6rP-N_Wwe4